

Our monthly newsletter is your go-to guide for catching up on all the latest happenings and exciting events here at Right at Home. Stay in the loop and connected with our community!



### **Right at Home Mid Hampshire**

Delivering the highest quality support which maintains the independence, dignity and wellbeing of our Clients.

#### A WORD FROM SHANNON HAINES (REGISTERED MANAGER)

#### Celebrating May and Looking Forward to June

As May comes to a close, I'm looking ahead to June with optimism and excitement. It's a time for new beginnings, warmer weather, and the opportunity to enjoy the simple pleasures of life. Here's to a wonderful month ahead filled with happiness and laughter. Reflecting on May, I'm thrilled by the success of our "Time for a Cuppa" event in support of Dementia UK, where we came together to make a difference. Additionally, our outing to Carlo's for Dementia Action Week brought smiles and cherished memories. Here's to more meaningful moments ahead!



# LATEST NEWS

### TIME FOR A CUPPE EVENT FOR DEMENTIA UK

#### COMMUNITY COMES TOGETHER FOR TIME FOR A CUPPA: A HEARTWARMING SUCCESS

We were delighted to host our Time for a Cuppa event last month, bringing our community together to raise funds and awareness for Dementia UK. It was heartwarming to see everyone enjoying a cup of tea, sharing stories, and supporting such a meaningful cause. Thank you to everyone who joined us and contributed to making this event a success. Your generosity and participation truly make a difference in the lives of those affected by dementia



### OUR VISIT TO CARLO'S ICES FOR DEMENTIA ACTION WEEK

#### AT RIGHT AT HOME MID HAMPSHIRE, WE BELIEVE IN MAKING A DIFFERENCE IN THE LIVES OF THOSE LIVING WITH DEMENTIA

This Dementia Action Week, we took our beloved clients to Carlo's lces for a delightful outing filled with laughter, joy, and of course, delicious ice cream!

As advocates for dementia awareness and care, we understand the importance of creating meaningful experiences for individuals living with dementia. Our visit to Carlo's lces provided an opportunity for our clients to engage in sensory stimulation, social interaction, and the simple pleasure of enjoying a refreshing treat on a sunny day.



# UPCOMING DAYS AND EVENTS

#### MID HAMPSHIRE CELEBRATE 10 YEARS!

This June, we are thrilled to celebrate 10 years of providing exceptional care and support at Right at Home Mid Hampshire. Over the past decade, our dedicated team has been committed to enhancing the lives of our clients through compassionate, personalised care. We are incredibly grateful for the trust and support of our clients and their families, which has been instrumental in our journey. Here's to many more years of making a positive impact in our community!

#### **FATHER'S DAY (JUNE 16TH)**

We'd like to remind you that Father's Day in the UK is just around the corner on Sunday, June 16th. It's a wonderful opportunity to celebrate and honour the fathers, grandfathers, and father figures in our lives. Whether it's through a heartfelt message, a special gift, or simply spending quality time together, let's make this Father's Day memorable for all the amazing dads out there.

#### SUMMER SOLSTICE (JUNE 21ST)

We're excited to celebrate the Summer Solstice on June 21st. This special day marks the longest day of the year, when we enjoy the most daylight and welcome the official start of summer. The Summer Solstice is a time of renewal and reflection, an opportunity to embrace the warmth and light of the season. Many cultures around the world celebrate this day with festivals, gatherings, and outdoor activities. Whether you choose to spend the day in nature, enjoy a picnic with loved ones, or simply bask in the extended daylight, we hope you take a moment to appreciate the beauty and abundance that summer brings. At Right at Home Mid Hampshire, we're here to help you make the most of this vibrant season, ensuring that you stay active, engaged, and connected to the community.



# **OUR LUNCH CLUB**

#### >>> COME AND SAY HELLO

Join us for a selection of sandwiches and cakes, tea and coffee, music and good company. To book a space please call us on - **023 80 009 595**. Please ask us if you need assistance getting here and we can get a carer to accompany you!

#### OUR UPCOMING LUNCH CLUB DATES: THURSDAY 27TH JUNE @ 11:30AM - 13:30PM

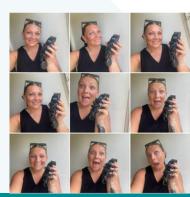


### **GRACE MITCHELL BRAVE'S THE SHAVE**

#### FRIDAY 14TH JUNE

We are incredibly proud to share that our Compliance Coordinator, Grace Mitchell, is taking a bold step to support motor neurone disease awareness by participating in "Brave the Shave" on Friday, June 14th. Grace is raising vital funds for Stand Against MND, a cause close to our hearts. We want to extend our wholehearted support and admiration for her dedication. Please join us in cheering Grace on as she makes this inspiring contribution to such an important cause. Your encouragement and support truly mean the world.





## Congratulations to our CAREGIVER OF THE MONTH

### AMBER WHITE

We are thrilled to announce that Amber White has been named our CareGiver of the Month! Amber's dedication, compassion, and outstanding service have made a significant impact on the lives of our clients. She consistently goes above and beyond, ensuring that everyone under her care feels valued and supported. Amber's positive attitude and unwavering commitment to excellence embody the values we hold dear at Right at Home Mid Hampshire. Please join us in congratulating Amber on this well-deserved recognition and thanking her for her exceptional contributions to our team.



### **APRIL PUZZLE**

This month our puzzle is a Sudoku. Let us know how you get on!

8					2	6		
					4			2
			7	1	5		3	
		1	4	9			6	
3			2				4	8
		5		8	1			
	3	8	5	7	9	4	2	
6	2				8	5	7	
6 5		7	1					9

### UNTIL NEXT TIME ...

As we say goodbye to May, we reflect on the memorable moments and meaningful experiences we've shared within our Right at Home Mid Hampshire community. Each interaction has strengthened our bond and enriched our journey together. Thank you for entrusting us with your care and being a part of our family. Here's to the new adventures and connections June will bring. Until next time, take care and stay well.