



CHESHIRE SENIORS MONTHLY

Homecare in South Cheshire

At Right at Home South Cheshire, we aim to make a genuine difference to the quality of life of those we serve in the local community. We focus on improving the lives of those we care for, not just maintaining quality of life.

Making a Difference Every Day

From every CareGiver to our local Management Team, we are completely focused on making a difference every day. Keeping our Clients where they want to be for longer – Right at Home.

Our local office team based in Nantwich work tirelessly to deliver on our promises. For us it is not just about providing a service, it is about building valuable relationships with everyone we work with.

Our Trusted Services

Through trust and commitment to being the best, the quality of the care we provide has been industry-recognised, leading us to be rated as Outstanding by the Care Quality Commission and become the most highly rated national homecare agency on the UK's leading review site, www.homecare.co.uk.

Right at Home – Celebration Awards

Nominations have now been collected and finalists have now been decided for the Right at Home Celebration Awards, on Thursday 2nd December 2021. The event will be taking place at Aroma in Nantwich for our CareGivers and their families to attend. This gives us a chance to recognise and appreciate the continued hard work that they give Right at Home.

There are five different categories on which you may nominate an employee for an award. The awards, and finalists are:

Magic Moment of the Year – Malaynie Parkes, Jenny Whitehurst & Sara Thomas

Dementia CareGiver of the Year – Jenny Whitehurst, Marie Brookes & Malaynie Parkes

Teamwork Award – Alison Greenland, Marlene Harper & Emma West

Office Employee of the Year – Chris Worrall, Keri Marshman & Abbi Jones

CareGiver of the Year – Tracey Beckett, Marlene Harper & Alison Rigsby

We would like to thank all of our amazing Clients that got in touch to nominate their Carers for an award. We will keep you all posted on the winners.

**They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.**



South Cheshire Chamber of Commerce Awards 2021

On Friday 19th November 2021, our amazing office staff attended the South Cheshire Business Awards at Reaseheath College. Due to the Coronavirus pandemic, the 2020 Awards unfortunately had to be cancelled, so this was such a huge event.

The South Cheshire Chamber of Commerce Annual Business Awards brings together the business community in South Cheshire, showcasing the amazing achievements of a range of businesses and talented individuals, especially relevant following the unprecedented challenges we have all faced over the last year.

We were finalists in two categories at this years awards. These were:

- **Large Business of the Year**
- **Apprentice of the Year (Chris Worrall)**

There was a lot of amazing competition that we came up against and unfortunately, we did not take the Winner's trophy home for Large Business of the Year. Despite this, we are very proud that we were recognised and were made a finalist for this category.

However, we are delighted to announce that our Finance & Office Administrator, Chris Worrall, won, the Apprentice of the Year 2021.

Managing Director and Mentor, Ben Selby said "I couldn't be prouder of Chris and happy for him to receive this recognition. It's been great to see his confidence grow over the last year and I'm excited to see what he can do in the next 12 months".

Chris said, "This is honestly up there with one of my best achievements in my life. I started at Right at Home with very little confidence in certain areas, and completely blind with some job roles which I had never done before.

Thanks to the incredible team around me, and the support from the Business Owner, I have been able to learn quickly, grow my confidence, and most importantly, help the business. I am honoured to have won this award, and it is such a massive confidence boost to know that I have been recognised for my hard work within the company".



Tin full of Wishes

During the recent Right at Home Annual Conference, the Right at Home Network launched the 'Tin Full of Wishes' campaign. This campaign will pay homage to a decade of delivering exceptional care across the Right at Home Network.

With the support of our network, ten nominated Clients will be granted a wish of their choice throughout the year.

If you would like to nominate one of our Clients who you feel deserves to have their wish granted, please fill out the nomination form. Please contact the office on 01270 257347 or southcheshire@rightathome.co.uk if you would like a nomination form.

For example, an ideal "wish granting" opportunity would be if you have heard a Client talk about wanting to go and see a football game at Wembley Stadium or have a front-row seat at the Royal Ballet.



CareGiver Anniversaries

We would like to congratulate the following CareGivers and Office Staff members, on achieving their recent milestone with Right at Home.

Kayleigh Bebbington – 1 Year

Megan Ellis – 1 Year

Chris Worrall – 1 Year

Annette Birchall – 2 Years

Carole Curti – 2 Years

Alison Greenland – 2 Years

Diane Brandreth – 4 Years

Julie Hodgkinson – 4 Years

Kirsty Roberts – 5 Years

All employees were handed their anniversary badge and certificate at our most recent CareGiver meeting which was held face-to-face for the first time since November 2019.

We would like to thank you these employees for their continued hard work.



Adult Day Centre

The Right at Home Adult Day Centre offers a safe, friendly, and relaxing place for seniors and adults with physical disabilities to visit for the day and enjoy social interaction, freshly prepared food, games, activities and much more.

In November, Julie hosted a number of activities to fit in with the month. These ranged from many different activities such as, Bonfire night crafts, Pyjama Day & more.

- 5th November 2021 – Guy Fawkes
- 12th November 2021 – Remembrance Day
- 19th November 2021 – Children in Need (Pyjama Day)
- 23rd November 2021 – Dr Who Day (wear a scarf)

Every month, there is always something new to celebrate or something new that we can take notice of, and December will be no different.

Our Adult Day Centre is open Monday's, Wednesday's, and Friday's. We have availability on all days, with Wednesday being our least busy day. If you would like to enquire about our Day Centre, please call our office on 01270 257 347.



Simon Weston CBE

At the South Cheshire Business Awards, Simon Weston CBE was the guest speaker. He paid tribute to the business community's resilience and innovation in the face of adversity.

Mr Weston CBE recounted the dreadful day when RFA Sir Galahad was blown up off the Falklands Islands leaving him with such horrific burn injuries his mother didn't recognise her 20-year-old son.

"I had to reinvent myself just as many of you have during the pandemic," he said.

"It's this re-investment that makes you valuable and relevant. Well done, you have made it work." (Source – thenantwichnews.co.uk)

When the RFA Sir Galahad was destroyed in the Bluff Cove Air Attack during the Falklands War, in 1982, on board was Simon Weston, Welsh Guardsman. Simon was severely injured, sustaining serious burns to 46% of his body. He has become well-known across the United Kingdom and abroad for his struggle to overcome his injuries and redefine his role in life, and his message is one of achievement, of triumph in the face of adversity, and of seizing the moment and succeeding.



Companionship & Support

Companionship can have huge benefits to the mental and physical health and wellbeing of a person. Social interaction can be an important factor in preventing isolation and loneliness in the elderly.

At Right at Home South Cheshire, we recognise the value of having a friendly and trusted visitor to talk to. Our homecare support team go beyond helping with daily activities. When it comes to companionship, our Carers in South Cheshire always aim to put a smile on someone's face.

What are the benefits of companionship and support?

Companionship can allow you to regain or enable your independence by getting out in the community and boosting your self-esteem.

Our CareGivers are available to support however and whenever they are needed. Companion care can help you take the first steps towards meeting new people, rediscovering old hobbies or taking up new interests.

Most of all, we aim to match our CareGivers and Clients so they share interests and personality traits. In doing so, both can benefit from a genuine friendship, built on trust and mutual understanding.

What do our companion care services include?

Families in South Cheshire, just like yours, trust and rely on Right at Home to provide companionship to their loved ones. Whether it's accompaniment to the local shops or to meet a friend for lunch, we provide bespoke support for every Client.

Our South Cheshire-based team of private companions for elderly and young people primarily offer much needed friendship and rapport. We can also help with routine household tasks that may have become difficult. Or we can simply be there as a friend to share interests and enjoy hobbies with.

Our companionship services are available across South Cheshire, and they include:

- Emotional support
- Social interaction in the community
- Respite for family CareGivers
- Company whilst doing hobbies
- Food preparation
- Light housekeeping
- Being there as a friend to listen and talk to
- Support on a day trip or even further afield
- Support with using public transport and escorting on journeys
- Help with everyday tasks, like shopping for food or clothes

A popular activity with our Clients in South Cheshire is a trip to Milton Park or taking a stroll around Nantwich Town Square and stopping off for tea at the Nantwich Book shop.

Ease the feeling of loneliness and share your time with a trusted, familiar, and friendly face. At Right at Home South Cheshire, we offer person-centred and engaging companionship and support.

What is companionship care?

Companionship is defined as the company of another person who you enjoy spending time with. Our

companion care services in South Cheshire may involve support with regular activities in the community, such as spending the day at the Nantwich Right at Home Adult Day Centre or going for a walk around Queen's Park in Crewe.

Companionship also comes in the form of a regular visit for a cup of tea and a chat. Our support services are available across South Cheshire and are designed to ease the feeling of loneliness with a trusted, friendly face.

What does a companion for the elderly do?

Our South Cheshire-based companions are not just available for elderly support. We support adults of any age with everyday tasks and daily activities. As a result, our approach to companion care enables continued independence and supports wellbeing.

Most of all, our CareGivers are there to listen. Private companion services can prevent feelings of isolation and loneliness, which can have a big impact on a person's health.

If you would like to find out more information on Companionship & Support, or any of the other services that we provide, then please give our office team a call on 01270 257347 or email us on southcheshire@rightathome.co.uk.

