Aug Porter

From Hospital to Home: Regaining Independence with the Right Support





After being discharged from hospital, whether due to a fall, surgery, or a medical condition, many people find that their usual routines become more difficult to manage. For those who have lived independently, even simple tasks like getting out of bed, preparing meals, or using the bathroom may require extra support. Homecare offers a practical and reassuring way to help people safely adjust and recover in the comfort of their own home. Care visits can be arranged throughout the day to assist with getting up, personal care, meal preparation, incontinence care, and gentle exercises recommended by physiotherapists. This structure helps individuals regain their

strength, mobility, and confidence step by step. Importantly, homecare also eases the burden on family members. Loved ones may not always be nearby or able to provide full-

time care, especially if they're balancing work, distance, or other responsibilities. Knowing that a trusted care team is supporting their family member offers invaluable peace of mind. They can be confident their loved one is being treated with dignity, compassion, and professionalism.

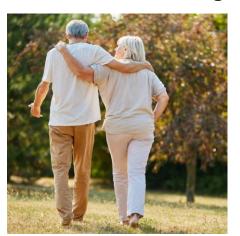
As recovery progresses, care visits can be gradually reduced or adapted to suit changing needs. Whether short-term or ongoing, homecare helps people recover at their own pace, while bringing comfort and reassurance to both them and their families.



01249 569569

Stronger Every Month: Small Movements, Big Benefits





In July, our clients took on the Outdoor Walking Challenge - 5 to 10 minutes of walking once or twice a day. Enjoying the fresh air and sunshine helped lift mood and boost energy. A big thank you to our Care Assistants for motivating and supporting clients along the way!

For August, we're focusing on an indoor activity: Seated Leg Raises.

6 Goal: Perform 10-15 seated leg raises, 2-3 times a day



Benefits:

Strengthening leg muscles Reducing stiffness in joints

Making standing & walking easier

Let's keep moving - every little bit helps!

We've Been Rated 9.9!

homecare.co.uk

We're thrilled to let you know that we've been rated 9.9 out of 10 on homecare.co.uk! It means so much to us because at the heart of everything we do is a commitment to caring for you with kindness, respect, and dignity. Thank you for being part of our journey - your trust means the world to us. We'll keep doing our best to make a difference every day.

Review from P W (Client) published on 31 July 2025

Submitted via Website • Report

Overall Experience * * * * *

I've been having Right at Home for 6 months now, and all the staff who come to see me are very good, I am treated very well, very kind, and they are very helpful, I look forward to the care staff coming into see me daily and I see them four times a day, all my needs are met.

Care / Support * * * * * Management 🌟 🌟 🌟 🌟 Treated with Dignity 🚖 🛊 🛊 🛊 Value for Money 🌟 🚖 🚖 🛊

Review from Paul J (Son of Client) published on 30 July 2025

Submitted via Website • Report

Overall Experience * * * * *

Right at Home first started to care for my Mum in May following a stroke in May and diagnosis of Vascular Dementia.. The team have been amazing throughout, the deputy service manager has been extremely helpful with arranging the ongoing care and the team of carers looking after Mum have all been brilliant showing real empathy and understanding of her needs. When it came to choosing an ongoing care team, there was only one choice. Thank you.



Review from David C (Husband of Client) published on 2 July 2025

Submitted via Website • Report

Overall Experience * * * * *

All of the caregivers have been so kind to my wife. It is obvious to me that it is their absolute priority to make the client as comfortable as possible. The manage to make a very bad situation bearable. Thank you so much.

Staff * * * * * Care / Support * * * * * Management * Treated with Dignity 🛊 🛊 🛊 🛊 Value for Money 🚖 🚖 🚖 🛊

COMMUNITY INVOLVEMENT

Supporting Young People with SEND into Employment

We're proud to be recognised as a **Special Educational Needs and Disabilities (SEND) Employer Bronze Champion** by Wiltshire Council. This initiative aims to increase employment opportunities for young people aged 18-25 with SEND in Wiltshire. As part of our commitment, we supported a group of young people by running a workshop introducing the care sector, teaching basic life skills, and holding mock interviews, providing valuable experience and helping build confidence for their future in the workplace.







Raising Funds, Raising Spirits

It's our pleasure to support **Age UK Wiltshire** at this year's Chippenham Food & Drink Festival. A big thank you to everyone who visited our stall, joined in the Lucky Dip, and helped raise funds for this important cause. Every donation goes toward supporting older people in our local community. We're truly grateful for your generosity and community spirit.

Brews, Bakes & Big Hearts for a Cause

Our Senior Care Assistant Hannah is hosting a fundraising Afternoon Tea on Wednesday 13 August at our office in support of Breast Cancer Now. Pop in anytime after 2pm.

You are warmly invited to enjoy a beautifully prepared tea set while helping to raise funds for life-saving breast cancer research and support services. For those unable to attend in person, we're happy to deliver a tea set to enjoy at home. Donations are warmly welcomed.





SCAN ME





Email or Call us if you'd love to join us for the afternoon tea.

UPCOMING EVENTS

16 Aug (Sat), 12-4pm, Outmarsh, BA14 6JX

Summer at Base – Bring the whole family and join us at the charity, organised by Wiltshire Air Ambulance. Lots of happenings and join us to have some fun!

30-31 Aug (Sat-Sun), King George V Park

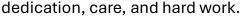
Melksham Food & River Festival – Join us for a fun and relaxing weekend at the festival, enjoy great company, good vibes, and unforgettable memories together!

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OUR PEOPLE CORNER

So Many July Work Anniversaries!

We can't believe how many of our amazing team members are celebrating their work anniversaries this July! A huge thank you to each of you for your







With more team milestones just around the corner, we're grateful to have such a committed group, and look forward to many more years together!

Congratulations to Natasha - Our New Client Care Manager!

We're delighted to announce that Natasha has been promoted to Client Care Manager! With nearly five years in care and a standout journey at Right at Home Chippenham, she's known for her bubbly personality, dedication, and going the extra mile for both clients and colleagues.

Well done, Natasha! **TRUS**

Welcome to Our New Care Assistants - A Big Warm Hello!

We're thrilled to welcome a wonderful group of new Care Assistants to our team this month! After completing their in-depth 3-day training and shadowing sessions, they're now fully prepared to deliver high-quality, compassionate

care. Passionate about making a difference, they're ready to bring warmth, support, and positivity to our community.















A big thank you to Amy Purps and Crystal for delivering such engaging and supportive training, and to all the Care Assistants who generously shared their experience during shadowing. Your guidance and encouragement have made a real difference in helping our new team members feel confident and ready to thrive.

Right at Home Chippenham 01249 569569 chippenham@rightathome.co.uk

www.rightathome.co.uk/chippenham





Download our Brochure