

Our monthly newsletter is your go-to guide for catching up on all the latest happenings and exciting events here at Right at Home. Stay in the loop and connected with our community!

# APRIL 2024

## MONTHLY NEWSLETTER



## Right at Home Mid Hampshire

Delivering the highest quality support which maintains the independence, dignity and wellbeing of our Clients.

A WORD FROM SHANNON HAINES (REGISTERED MANAGER)

### SPRING IS IN FULL SWING

“As **April** draws to a close, I want to take a moment to express my heartfelt **gratitude** to each and every one of you in our wonderful community. This month has been filled with meaningful connections, shared moments of joy, and the unwavering dedication of our **exceptional CareGivers**. Looking back on the past month, I'm filled with pride for the positive difference we've made in the lives of those we serve. Your trust in us is truly appreciated, and we remain **committed** to providing the **highest quality care** tailored to your unique needs.”



# LATEST NEWS

WHAT'S BEEN GOING ON?

## OUR SUNFLOWER COMPETITION GETS UNDERWAY

### IT'S TIME TO GET YOUR GARDENING GLOVES ON AND JOIN US IN OUR SUNFLOWER COMPETITION!

We're inviting each of you to nurture your very own sunflowers and participate in our blooming event. Whether you're a seasoned green thumb or just dipping your toes into gardening, this is your chance to showcase your skills and watch your sunflowers reach for the sky.

But that's not all! There's excitement brewing for August as we'll be awarding prizes for various categories, from tallest sunflower to best picture. So, roll up your sleeves, grab your gardening tools, and let's make our community bloom with joy and vibrant colours! Stay tuned for more updates and let the sunflower journey begin!



## TWO FANTASTIC GRADES FOR TWO FANTASTIC MEMBERS OF STAFF

### WE'RE THRILLED TO ANNOUNCE THE REMARKABLE ACHIEVEMENTS OF TWO OF OUR DEDICATED TEAM MEMBERS!

**Shannon Haines** has reached new heights by achieving a distinction in her Level 5 Diploma in Leadership and Management of Adult Care. Her commitment to excellence and passion for quality care shine through in every aspect of her work.

But that's not all – **Chloe Baptiste** has also made us proud by successfully passing her Level 4 Diploma in Adult Care. Her dedication to learning and her unwavering support for our clients truly showcase our values at Right at Home.

Join us in congratulating Shannon and Chloe for their outstanding accomplishments. Their hard work and determination are truly inspiring, and we're grateful to have them as part of our team!





# UPCOMING DAYS AND EVENTS

## »»» 'TIME FOR A CUPPA' FOR DEMENTIA UK

We're eagerly counting down the days until our Time for a Cuppa event on May 8th! Join us for a delightful afternoon filled with tea, cakes, and heartwarming conversations, all in support of Dementia UK. It's a wonderful opportunity to come together as a community, raise awareness, and make a difference for those living with dementia. Save the date and get ready to share in the spirit of compassion and camaraderie!

## »»» MENTAL HEALTH AWARENESS WEEK (13TH - 19TH)

Get ready to shine a spotlight on mental health with us during Mental Health Awareness Week! From May 13th to May 19th, we're joining the conversation to raise awareness, challenge stigma, and promote positive mental well-being. Stay tuned for inspiring stories, helpful resources, and opportunities to engage in open dialogue about mental health. Together, we can make a difference and support each other's mental well-being.

## »»» TRINITY SUNDAY 26TH MAY

As Trinity Sunday draws near on May 26th, we are reminded of the profound mystery and beauty of the Holy Trinity – Father, Son, and Holy Spirit. It's a time for us to pause and reflect deeply on the nature of God, whose essence is beyond our human comprehension yet intimately revealed to us through the divine relationship of the Trinity. Let us come together in worship and praise, acknowledging the Triune God who created us, redeemed us, and sustains us in grace.

*Get Involved!*

# OUR LUNCH CLUB

## >>> COME AND SAY HELLO

Join us for a selection of sandwiches and cakes, tea and coffee, music and good company. To book a space please call us on - **023 80 009 595**. Please ask us if you need assistance getting here and we can get a carer to accompany you!

## OUR UPCOMING LUNCH CLUB DATES:

**THURSDAY 23RD MAY @ 11:30AM - 13:30PM**

**THURSDAY 27TH JUNE @ 11:30AM - 13:30PM**



# THE BOBBY MOORE FUND

## >>> FRIDAY 26TH APRIL

We're thrilled to share that our on-going fundraising event for the Bobby Moore Fund was a resounding success! Together, we will be donning our favourite football shirts and rally around this important cause, raising both awareness and funds to support bowel cancer research. Every contribution, whether big or small, makes a meaningful difference in the fight against bowel cancer. We're incredibly proud of everyone who participated and contributed to this important cause.





*Congratulations to our*

# CAREGIVER OF THE MONTH

## KATIE FLETCHER

We're thrilled to shine a spotlight on Katie Fletcher, who embodies the spirit of dedication and excellence in caregiving. Katie's unwavering commitment to our clients and her exceptional level of care make her a true asset to our team. Katie goes above and beyond to ensure the well-being and comfort of those she cares for. Her compassionate nature and genuine kindness create a supportive and nurturing environment, increasing trust and connection with our clients and their families.



# APRIL PUZZLE

This month our puzzle is a selection anagrams of famous films. Do you think you can find them all? Let us know how you get on!

1. Act In It?
2. Flip Into Cup?
3. Nazi Neck Tie?
4. Leave On Scene?
5. Risk Hat For Oldest Era?
6. May Spin Prop?
7. Shy Cop ?
8. Rebel If No Faith?
9. A Preface?
10. Her Roommate Has Bitten Guys?

**ANSWERS ON BACK!**



## UNTIL NEXT TIME...

As we bid farewell to April, we reflect on the wonderful moments shared and the meaningful connections made within our Right at Home Mid Hampshire community. From heartfelt conversations to joyful celebrations, each interaction has added richness and depth to our journey together. Thank you for entrusting us with your care and allowing us to be a part of your lives. Here's to the adventures that await us in the coming days. Until we meet again, **take care and stay well.**

# ANSWERS

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Please see answers on the bottom of the page.



1. Titanic 2. Pulp Fiction 3. Citizen Kane 4. Ocean's Eleven 5. Raiders of the Lost Ark 6. Mary Poppins 7. Psycho 8. The Life of Brian 9. Cape Fear 10. There's Something About Mary