



Visit our small, friendly centre
and enjoy **social interaction**,
freshly prepared food, **games**,
activities & much more

ADULT DAY CENTRE, NANTWICH

A SAFE, FRIENDLY AND RELAXING PLACE FOR
SENIORS AND ADULTS WITH PHYSICAL DISABILITIES

FREDERICK HOUSE, PRINCES COURT, BEAM HEATH WAY, NANTWICH CW5 6PQ

 **Right
at
Home**[®]
Quality Care in Your Home

Where can you find us?

Our adult day centre is open on Mondays, Wednesdays and Fridays between 10.00am - 4.00pm. We are based inside Frederick House, Princes Court, Beam Heath Way, Nantwich CW5 6PQ, which is located between Sainsbury's and B&M Bargains. Advanced booking is essential.

What can you expect from our day centre?

The centre provides a safe, relaxing space for adults. Our small, friendly feel environment puts guests at ease and allows them to truly relax and be able to enjoy their time with us.

SOCIAL INTERACTION

Help is on hand from our highly-skilled and personable CareGivers to create an enjoyable and stimulating social environment.

ON-SITE SUPPORT

Staffed by our highly trained CareGivers, the centre is designed to provide ultimate comfort for guests - whether that is assisting them in taking medication or help with mobility. Our experienced management team, based in the same building, is also on hand to assist when needed, as well as our friendly volunteers who occasionally visit too. Our wheelchair accessible facilities include plenty of onsite parking, disabled parking, as well as easily accessible toilets.



FOOD AND DRINK

We partner with various local businesses to provide balanced, nutritious and delicious meals for our guests each day. Fresh tea, coffee and cold drinks are available throughout the day, all included in the price.

GAMES & ACTIVITIES

Our trusted team of CareGivers have plenty of entertaining games to play with our guests, including board games, cards, jigsaws, quizzes, physical activities and even more. Our programme of activities changes on a daily basis so no two days are ever the same.